






If your participation in the study has caused you to feel anxious, fearful, sad or stressed below is a list of mental health and support services that may be of assistance. There are Australia wide services as well as specific services in your region. In addition, your GP can refer you to appropriate mental health and

Australia wide

	<p>1300 224 636 https://www.beyondblue.org.au/get-support/get-immediate-support</p>	<p>Talk to a trained mental health professional any time of the day or night. Calls are confidential. They will listen, provide information and advice and point you in the right direction to seek further support.</p>
	<p>131 114 https://www.lifeline.org.au/get-help/topics/lifeline-services</p>	<p>24-hour crisis support telephone service. Lifeline provides 24/7 crisis support and suicide prevention services.</p>
<p>National Indigenous Critical Response Service</p> 	<p>1800 805 801 https://thirrili.com.au/</p>	<p>Provides emotional and practical support to bereaved families and individuals impacted by suicide or other traumatic loss. They can liaise with local communities and services to identify who is best placed to provide the help families need.</p>

For Williamstown residents

<p>Hunter Primary Care</p>	<p>02 4925 2259 info@hunterprimarycare.com.au</p>	<p>Hunter Primary Care provides counselling and support to people who have been affected by the Williamstown PFAS contamination. Those affected are able to receive up to six appointments with one of our experienced Psychologist/Clinical Psychologists. These services are offered at no cost. Available by self- or GP-referral.</p>
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For Oakey residents

<p>Lumsden Psychology Oakey</p>	<p>Marguerite Lumsden 0427 647 847 therapy@myapollo.com.au</p>	<p>The PFAS Program offers free, specialised and confidential counselling services to people affected by PFAS in the Oakey area. GP referral required.</p>
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For Katherine residents

<p>Zoe Collins Psychology</p>	<p>0472 010 904 contact@zoecollinspsychology.com</p>	<p>Both providers offer free counselling suitable for adults and families. ATAPS - GP referral required.</p>
<p>EASA</p>	<p>08 8941 1752 easadarwin@easa.org.au</p>	

<p>Transcultural Mental Health Services</p> <p>For people from culturally or linguistically diverse backgrounds.</p>	<p>Qld: 1800 188 189 (M-F: 8:30am-5pm) NSW: 1800 011 511 (24/7) Australia wide: Translation & Interpreting Service P: 131 450</p>	<p>Specialist services that work to ensure people from culturally and linguistically diverse (CALD) backgrounds receive culturally responsive mental health care and support and interpreting services.</p>
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